Norse Catering
Primary School Spring/Summer Menu 2018

Week 1 Monday	Celery	Cereals containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Hand-made Cheese and Tomato Swirl		✓		✓			✓						✓	
Pasta Salad		✓		✓					✓					
(v) Sweet Potato and Lentil Curry							✓							
Steamed Rice														
Sweetcorn														
Jacket Potato with Baked Beans														
Vanilla Ice Cream							✓							
Tuesday														
Lamb Meatballs in a Sweet Pepper Sauce														✓
Steamed Rice														
(v) Italian Bean Bake	✓	✓					✓							
Garden Peas and Carrots														
Jacket Potato with Cheese and Coleslaw				✓			✓		✓					
Brownie Slice		✓		✓										
Wednesday														
Roast Chicken with Stuffing		✓												
(v) Quorn Chipolatas with Stuffing		✓		✓			✓							
Roast Potatoes														
Spring Greens and Carrots														
Gravy														
Jacket Potato with Tuna Mayonnaise				✓	✓				✓					
Fresh Fruit with Natural Yoghurt							✓							
Thursday														
Italian Beef Lasagne		✓					✓							
Herby Bread		✓		✓			✓						✓	
(v) Vegetarian Bean Chilli	✓	✓											✓	✓
Steamed Rice														
Crunchy Mixed Salad														
Jacket Potato with Cheese and Baked Beans							✓							
Fruit and Jelly														
Friday														
Breaded Fish Fingers		✓			✓									
(v) Cheese and Tomato Quiche		✓		✓			✓							
Chips														
Garden Peas														
Baked Beans														
Jacket Potato with Cheese							✓							
Peach Melba Cupcake		✓		✓										✓

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Week 2 Monday	Celery	Cereals containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Breaded Chicken Fillet in a Wrap		✓												✓
Jacket Potato Wedges														
Crispy Lettuce and Coleslaw				✓			✓		✓					
(v) Vegetable Enchilada		✓					✓						✓	
Steamed Rice														
Broccoli														
Jacket Potato with Baked Beans														
Mini Chewy Bar with Melon Slice		✓					✓							
Tuesday														
Mild Teriyaki Beef		✓											✓	
Steamed Rice														
(v) Veggie Balls in Tomato		✓											✓	
Pasta Twists		✓												
Green Beans and Sweetcorn														
Jacket Potato with Cheese and Coleslaw				✓			✓		✓					
Cornflake Tart		✓												✓
Custard							✓							
Wednesday														
Roast Pork														
Apple Sauce														
(v) Vegemince Pasty		✓											✓	
Roast Potatoes														
Carrots and Broccoli														
Gravy														
Jacket Potato with Tuna Mayonnaise				✓	✓				✓					
Apple and Berry Slice		✓												
Thursday														
Mediterranean Chicken														
Pasta Twists		✓												
Garlic Bread		✓												
(v) Cheese and Potato Pie				✓			✓		✓					
Crunchy Mixed Salad														
Jacket Potato with Cheese and Baked Beans							✓							
Fruit Topped Cheesecake		✓					✓							
Friday														
Crispy Fish Fillet		✓			✓		✓		✓					
(v) Spanish Omelette				✓			✓							
Chips														
Garden Peas														
Baked Beans														
Jacket Potato with Cheese							✓							
Marble Cake		✓		✓										

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Week 3	Celery	Cereals containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Monday														
Margherita Pizza		✓					✓							
(v) Tortilla Wrap Filled with BBQ Quorn		✓		✓										
Baby Potatoes														
Crunchy Mixed Salad														
Jacket Potato with Baked Beans														
Cocoa Shortbread with Orange Wedges		✓												
Tuesday														
Chipolata Sausages														
(v) Quorn Chipolatas		✓		✓			✓							
Omelette				✓			✓							
Hash Browns														
Baked Beans														
Jacket Potato with Cheese and Coleslaw				✓			✓		✓					
Carrot Cake		✓		✓			✓							
Wednesday														
Roast Beef														
Yorkshire Pudding		✓		✓			✓							
(v) Vegetarian Shepherd's Pie		✓											✓	
Mashed Potato														
Spring Greens and Carrots														
Gravy														
Jacket Potato with Tuna Mayonnaise				✓	✓				✓					
Summer Berry Eaton Mess				✓			✓							
Thursday														
Mild Chicken Tikka Masala							✓							
Savoury Rice														
Naan Bread		✓												
(v) Cheesy Pasta		✓					✓							
Broccoli														
Jacket Potato with Cheese and Baked Beans							✓							
Fruit Yoghurt							✓							
Friday														
Breaded Fish Fingers		✓			✓									
Salmon Fingers		✓			✓									
(v) Garden Vegetable Goujons with Sweet and Sour Dip		✓												
Chips														
Garden Peas														
Baked Beans														
Jacket Potato with Cheese							✓							
Apple Flapjack		✓												

Norse kitchens are nut-free environments and every precaution is taken to eliminate the likelihood of cross-contamination of allergens within school kitchens, we are unable to guarantee a one hundred percent allergen free environment