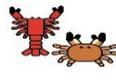




Week 1	Celery	Cereals containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Monday														
Chicken Fillet with Katsu Curry Sauce	✓	✓											✓	
(v) Quorn Fillet with Katsu Curry Sauce	✓	✓		✓									✓	
Steamed Rice														
Naan Bread		✓												
(v) Mac 'n' Cheese with Crispy Onions and Rocket		✓					✓							
Beetroot Brownie		✓		✓										
Tuesday														
Bolognese														
(v) Vegemince Bolognese													✓	
Spaghetti		✓												
Homemade Garlic Bread		✓												
Jerk Chicken Pitta with Rainbow Salad		✓							✓					✓
Fresh Fruit Selection														
Wednesday														
Roast Pork														
Sage and Onion Stuffing		✓												
(v) Lentil Roast				✓			✓							
Creamy Mash														
Gravy														
VEGAN Moroccan Vegetable Tagine with Couscous		✓												✓
Apple and Peach Crunch		✓												
Custard							✓							
Thursday														
Hoisin Chicken and Vegetables													✓	
VEGAN Hoisin Vegetables													✓	
Rice Noodles														
Homemade Pork and Apple Burger with Sage and Onion Stuffing		✓												
Fresh Fruit Selection														
Friday														
Battered Fish		✓			✓									
(v) Red Onion Quiche		✓		✓			✓							
Chunky Chips														
Mushy Peas														
Beans														
Sweet and Sour Chicken		✓												
Rice														
Forest Fruit Cheesecake		✓		✓			✓						✓	

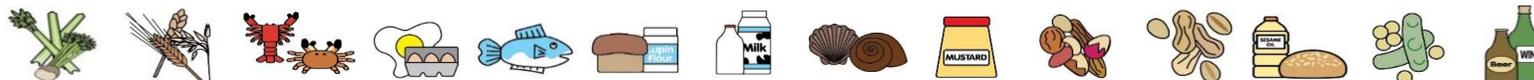
These allergens are correct at the time of publishing, however alterations can be made subject to product change and availability. We advise the contents of these reports to be checked regularly.
Norse kitchens are nut-free environments and every precaution is taken to eliminate the likelihood of cross-contamination of allergens within kitchens, we are unable to guarantee a 100% allergen free environment



Week 2	Celery	Cereals containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Monday														
Sri Lankan Chicken Curry														✓
VEGAN Sri Lankan Chickpea, Spinach and Sweet Potato Curry														✓
Steamed Rice														
Naan Bread		✓												
Homemade BBQ Pulled Pork with Slaw in a Bap		✓		✓					✓					
Orange Cheesecake Mousse		✓					✓						✓	
Tuesday														
Beef Fajita		✓							✓					
(v) Quorn Fajita		✓		✓					✓					
Mexican Rice														
Pasta Carbonara		✓					✓							
Fresh Fruit Selection														
Wednesday														
Chicken and Ham Pie		✓		✓			✓							
(v) Vegetable Wellington		✓		✓			✓							
Creamy Mash														
Veg-Packed Paella with Flaked Salmon					✓									
Winter Fruit Crumble		✓												
Custard							✓							
Thursday														
Smokey BBQ Chicken		✓												
VEGAN Homemade BBQ Vegeballs		✓											✓	
Herby Diced Potatoes		✓												
VEGAN Kung Pao Vegetables													✓	
Rice Noodles														
Fresh Fruit Selection														
Friday														
Battered Fish		✓			✓									
(v) Five Bean Burger														✓
Chunky Chips														
Mushy Peas														
Beans														
Tandoori Chicken	✓													
Pitta Bread		✓												
Shredded Salad														
Lemon Curd Muffin		✓		✓			✓							

These allergens are correct at the time of publishing, however alterations can be made subject to product change and availability. We advise the contents of these reports to be checked regularly.

Norse kitchens are nut-free environments and every precaution is taken to eliminate the likelihood of cross-contamination of allergens within kitchens, we are unable to guarantee a 100% allergen free environment



Week 3	Celery	Cereals containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Monday														
Chicken Tikka Curry							✓						✓	
(v) Quorn Tikka Curry				✓			✓						✓	
Steamed Rice														
Naan Bread		✓												
(v) Tomato and Basil Pasta with Mozzarella		✓					✓							
Lemon Cheesecake		✓					✓							
Tuesday														
Beef Lasagne		✓					✓							
(v) Vegetarian Lasagne		✓					✓							
Homemade Garlic Dough Balls		✓												
Chicken Shawarma Flatbread with Rainbow Salad		✓		✓										
Fresh Fruit Selection														
Wednesday														
Roast Gammon									✓					✓
(v) Stuffed Peppers		✓					✓							
New Potatoes														
VEGAN Five Bean Chilli														
Rice														
Apple and Berry Slice		✓		✓										
Custard							✓							
Thursday														
Sweet Chilli Chicken														
VEGAN Sweet Chilli Vegetables														
Rice Noodles														
Pork Sausage		✓												✓
Creamy Mash														
Onion Gravy														
Fresh Fruit Selection														
Friday														
Battered Fish		✓			✓									
(v) Sweet Potato and Vegetable Fritter														
Chunky Chips														
Mushy Peas														
Beans														
VEGAN Falafel and Hummus Wrap with Shredded Salad		✓												
Black Cherry Brownie		✓		✓										

These allergens are correct at the time of publishing, however alterations can be made subject to product change and availability. We advise the contents of these reports to be checked regularly.

Norse kitchens are nut-free environments and every precaution is taken to eliminate the likelihood of cross-contamination of allergens within kitchens, we are unable to guarantee a 100% allergen free environment