

## Norse Catering - Allergen Chart Spring/Summer Primary Menu 2024 - Week One



Week 1	Celery	Cereals containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Monday</b>														
Margherita Pizza (v)		✓					✓							
Tomato Pasta Salad		✓												
Tex Mex Chilli (v)													✓	
Steamed Rice														
Peas														
Sweetcorn														
Orange Cupcake		✓		✓										
Cheese Sandwich		✓					✓						✓	
Ham Sandwich		✓					✓						✓	
Salad Sticks														
Popcorn														
Orange Cupcake		✓		✓										
<b>Tuesday</b>														
Beef Meatballs with a Tomato Sauce														
Sub Roll		✓												
Potato Wedges														
Cheese and Tomato Pasta Bake (v)		✓					✓							
Mixed Salad														
Strawberry Ice Cream							✓							
Cheese Sandwich		✓					✓						✓	
Ham Sandwich		✓					✓						✓	
Pizza Finger		✓					✓							
Melon Wedge														
Strawberry Ice Cream							✓							
<b>Wednesday</b>														
Roast Chicken														
Stuffing		✓												
Mashed Potatoes														
Cheese and Potato Pie (v)				✓			✓							
Gravy														
Carrots														
Green Beans														
Toffee Cream Shortbread		✓					✓							
Cheese and Tomato Pasta Pot		✓					✓							
Salad Sticks														
Sultanas														
Toffee Cream Shortbread		✓					✓							
<b>Thursday</b>														
Chicken and Sweetcorn Pasta		✓					✓							

BBQ Plant Balls (v)														
Steamed Rice														
Mixed Vegetables														
Cocoa Krispie Bar		✓												
Cheese Sandwich		✓					✓						✓	
Tuna Mayo Sandwich		✓		✓	✓		✓						✓	
Sultanas														
Orange Wedges														
Cocoa Krispie Bar		✓												
<b>Friday</b>														
Breaded Fish Fingers		✓			✓									
Tomato and Courgette Omelette (v)				✓			✓							
Chips														
Peas														
Baked Beans														
Summer Berry Muffin		✓		✓			✓							
Cheese and Tomato Pasta Pot		✓					✓							
Salad Sticks														
Sultanas														
Summer Berry Muffin		✓		✓			✓							

Norse kitchens are nut-free environments and every precaution is taken to eliminate the likelihood of cross-contamination of allergens within school kitchens, we are unable to guarantee a one hundred percent allergen free environment



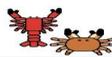
Cheesy Pasta (v)		✓					✓							
<i>Cauliflower, Chickpea and Potato Curry (v)</i>														
Steamed Rice														
Mixed Vegetables														
Fruit Jelly														
Tuna Mayo Sandwich		✓		✓	✓		✓						✓	
Cheese Sandwich		✓					✓						✓	
Popcorn														
Orange Wedges														
Fruit Jelly														
<b>Friday</b>														
Breaded Fish Fingers		✓					✓							
<i>Garden Vegetable Goujons (v)</i>														
Chips														
Peas														
Baked Beans														
Cherry Bakewell Cupcake		✓		✓										✓
Cheese and Tomato Pasta Pot		✓					✓							
Salad Sticks														
Sultanas														
Cherry Bakewell Cupcake		✓		✓										✓

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Tuna Mayo Sandwich		✓		✓	✓		✓						✓	
Cheese Sandwich		✓					✓						✓	
Popcorn														
Orange Wedges														
Banana Flapjack		✓												
<b>Friday</b>														
Breaded Fish Fingers		✓			✓									
Salmon Fingers					✓									
<i>Cheese and Potato Pastry Pinwheel (v)</i>		✓					✓							
Chips														
Peas														
Baked Beans														
Iced Sprinkle Cake		✓		✓			✓							
Cheese and Tomato Pasta Pot		✓					✓							
Salad Sticks														
Sultanas														
Iced Sprinkle Cake		✓		✓			✓							



														
<b>Jacket Potatoes</b>														
Jacket Potato (Size May Vary)														
<b>Fillings</b>														
Baked Beans														
Tuna Mayonnaise				✓	✓									
Cheese and Baked Beans							✓							
Cheese							✓							

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