

Norse Catering - Allergen Chart Autumn/Winter Primary Menu 25/26 - Week One

























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Week 1	Celery	Cereals containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Monday														
Margherita Pizza (v)		✓					✓							
Potato Wedges														
Vegemince Bolognese (v)													✓	
Spaghetti		✓												
Peas														
Sweetcorn														
Cocoa Mousse							✓							
Cheese Sandwich		√					√						√	
Ham Sandwich		√					√						✓	
Salad Sticks														
Sultanas														
Cocoa Mousse							√							
Tuesday														
Breaded Chicken		✓												
Wrap		√												
Bean Burger (v)				✓			✓							
Steamed Rice														
Tomato Dip														
Mayo Dip				✓										
Salad Sticks														
Jam Sponge		√		✓			✓							✓
Custard							✓							
Cheese Sandwich		√					√						√	
Ham Sandwich		√					<u> </u>						<u>√</u>	
Pizza Finger		1					→							
Salad Sticks														
Jam Cupcake		√		✓										√
Wednesday														
Roast Chicken														
Stuffing		✓												
Plant Sausages (v)														
Roast Potatoes														
Gravy														
Carrots														
Cabbage														
Chewy Krispie Bar	1	✓					✓							
Cheese and Tomato Pasta Pot		√ ·					·							
Salad Sticks	1	Y					– •							
Fruit Portion	1						 							
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Chewy Krispie Bar	✓			✓				
Thursday								
Pork and Carrot Meatballs in Tomato Sauce								✓
Spaghetti	✓							
Tex Mex Chilli Loaded Wedges (v)				✓			✓	
Mixed Vegetables								
Apple Crunch	✓							
Greek Yogurt				✓				
Cheese and Tomato Pasta Pot	✓			✓				
Salad Sticks								
Sultanas								
Fruit Jelly								
Friday								
Breaded Fish Fingers	✓		✓					
Salmon Fingers			✓					
Spanish Omelette (v)		✓		✓				
Chips								
Peas								
Baked Beans								
Cocoa Oatcake	✓							
Orange Wedges								
Cheese Sandwich	✓			✓			✓	
Ham Sandwich	✓			✓			✓	
Salad Sticks								
Cocoa Oatcake	✓							
Orange Wedges								

Norse kitchens are nut-free environments and every precaution is taken to eliminate the likelihood of cross-contamination of allergens within school kitchens, we are unable to guarantee a one hundred percent allergen free environment



Norse Catering - Allergen Chart Autumn/Winter Primary Menu 25/26 - Week Two























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Week 2	Celery	Cereals containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Monday														
Margherita Pizza (v)		✓					✓							
Tomato Pasta		✓												
Sweet Potato and Lentil Curry (v)														
Steamed Rice														
Salad Sticks														
Cocoa Orange Cupcake		✓		✓										
Ham Sandwich		✓					1						✓	
Cheese Sandwich		1					√						✓	
Salad Sticks														
Sultanas														
Cocoa Orange Cupcake		1		✓										
Tuesday														
Chicken Burrito Bake		✓					✓							
Steamed Rice														
Cheese and Tomato Pasta Bake (v)		1					✓							
Peas														
Sweetcorn														
Shortbread (Bitesize)		1												
Apple Wedges														
Ham Sandwich		√					√						✓	
Cheese Sandwich		1					√						<u> </u>	
Pizza Finger		√					1							
Shortbread (Bitesize)		1												
Apple Wedges														
Wednesday														
Roast Chicken														
Stuffing		1												
Roast Potatoes														
Cheese and Potato Pie (v)				✓			✓							
Gravy														
Carrots														
Green Beans														
Oaty Cookie		✓		✓										
Cheese and Tomato Pasta Pot		✓					✓							
Salad Sticks														
Fruit Portion														
Oaty Cookie		1		√										
Thursday														
Sausage Pastry Pinwheel		1		✓										√
Plant Sausage Pastry Pinwheel (v)		1												†

Potato Wedges									
Baked Beans									
Fruit Jelly									
Cheese and Tomato Pasta Pot		✓			✓				
Salad Sticks									
Sultanas									
Fruit Jelly									
Friday									
Chicken Fillet Bites	✓	✓							
Garden Vegetable Goujons (v)									
Chips									
Peas									
Baked Beans									
Iced Sprinkle Cake		✓	✓						
Ham Sandwich		✓			✓			✓	
Cheese Sandwich		✓			✓			✓	
Salad Sticks									
Sultanas									
Iced Sprinkle Cake		✓	✓						

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Week 3	Celery	Cereals containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Monday Cheesy Pasta (v)		✓					✓							
Plant Balls in Tomato Sauce (v)		•					•							
Steamed Rice														
Mixed Vegetables														-
Flapjack (Bitesize)		✓												-
Apple Wedges		•												1
Ham Sandwich		✓					✓						✓	
Cheese Sandwich		✓					✓						✓	
Salad Sticks														
Flapjack (Bitesize)		✓												
Apple Wedges														
Tuesday														
Pork Chilli Loaded Wedges							✓							
Cheese and Tomato Pasta Bake (v)		✓					✓							
Mixed Salad														ļ
Cocoa Sponge		✓		✓			✓							
Cocoa Sauce							√							
Ham Sandwich		✓					\						√	
Cheese Sandwich		✓					\						\	
Sultanas														
Salad Sticks														
Cocoa Cupcake		✓		✓										
Wednesday														
Chipolata Sausages		✓												✓
Plant Sausages (v)														
Yorkshire Pudding		✓		✓			✓							
Mashed Potato														
Gravy														ļ
Peas														
Carrots														
Peach Crunch		✓												ļ
Greek Yogurt							✓							
Cheese and Tomato Pasta Pot		✓					✓							
Salad Sticks														
Sultanas														
Fruit Jelly														
Thursday														
Chinese-Style Chicken														
Noodles		✓												

Cheese and Potato Pastry Pinwheel (v)	✓			✓				
Potato Wedges								
Sweetcorn								
Broccoli								
Vanilla Ice Cream				✓				
Cheese and Tomato Pasta Pot	✓			✓				
Sultanas								
Fruit Portion								
Vanilla Ice Cream				✓				
Friday								
Breaded Fish Fingers	✓		✓					
Vegetartian Enchilada (v)	✓			✓			✓	
Chips								
Peas								
Baked Beans								
Carrot Cake	✓	✓						
Ham Sandwich	✓			✓			✓	
Cheese Sandwich	✓			✓			✓	
Salad Sticks								
Sultanas								
Carrot Cake	✓	✓						

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Jacket Potatoes	Celery	Cereals containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Jacket Potato (Size May Vary)														
Fillings														
Baked Beans														
Cheese and Baked Beans							✓							
Cheese							✓							

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