



Week 1 2 3

Fresh Ideas Feeding Minds

Allergen Aware Menu

Autumn & Winter



NON-DAIRY | NON-EGG | NON-GLUTEN | NON-SOYA | NON-NUTS | NON-PEANUTS | NON-SESAME SEEDS | NON-CELERY | NON-MUSTARD | NON-LUPIN | NON-CRUSTACEANS | NON-MOLLUSCS

Monday

Tuesday

Wednesday

Thursday

Friday



Margherita Pizza with Potato Wedges (Ve)



Chicken Goujons in a Homemade Roll with Steamed Rice and a Dip



Roast Chicken with Roast Potatoes and Gravy



Pork and Carrot Meatballs in Tomato Sauce with Pasta



Fish Fingers with Chips

Alternatively

Alternatively

Alternatively

Alternatively

Alternatively



Jacket Potato with Baked Beans and/or DF Cheese (Ve)



Jacket Potato with Baked Beans and/or DF Cheese (Ve)



Plant Sausages with Roast Potatoes and Gravy (Ve)



Jacket Potato with Baked Beans and/or DF Cheese (Ve)



Garden Vegetable Goujons with Chips (Ve)

Iced Fruit Smoothie

Homemade Jam Sponge with Custard

Homemade Shortbread

Fruit Jelly

Homemade Cocoa Shortbread with Orange Wedges

Week One: 3 Nov | 24 Nov | 15 Dec | 19 Jan | 9 Feb | 9 Mar - Fresh Fruit Available Daily



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Monday

Tuesday

Wednesday

Thursday

Friday



Margherita Pizza with Tomato Pasta (Ve)



Mexican Chicken Bake with Steamed Rice



Roast Chicken with Roast Potatoes and Gravy



Pork Sausage Pinwheel with Potato Wedges



Chicken Goujons with Chips

Alternatively

Alternatively

Alternatively

Alternatively

Alternatively



Sweet Potato Curry with Steamed Rice (Ve)



Cheese and Tomato Pasta Bake (Ve)



Cheese and Potato Pie (Ve)



Plant Sausage Pinwheel with Potato Wedges (Ve)



Garden Vegetable Goujons with Chips (Ve)

Homemade Cocoa Orange Cupcake

Homemade Shortbread with Apple Wedges

Iced Fruit Smoothie

Fruit Jelly

Homemade Iced Sprinkle Cake

Week Two: 10 Nov | 1 Dec | 5 Jan | 26 Jan | 23 Feb | 16 Mar - Fresh Fruit Available Daily



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Monday

Tuesday

Wednesday

Thursday

Friday



Plant Balls in Tomato Sauce with Steamed Rice (Ve)

Pork Chilli Loaded Wedges

Pork Sausages with Mashed Potato and Gravy

Chinese-Style Chicken with Steamed Rice

Fish Fingers with Chips

Alternatively

Alternatively

Alternatively

Alternatively

Alternatively



Jacket Potato with Baked Beans and/or DF Cheese (Ve)

Cheese and Tomato Pasta Bake (Ve)

Plant Sausages with Mashed Potato and Gravy (Ve)

Cheese and Potato Pie (Ve)

Garden Vegetable Goujons with Chips (Ve)

Homemade Shortbread with Apple Wedges

Homemade Cocoa Sponge with Sauce

Fruit Jelly

Iced Fruit Smoothie

Homemade Carrot Cake

Week Three: 17 Nov | 8 Dec | 12 Jan | 2 Feb | 2 Mar | 23 Mar - Fresh Fruit Available Daily