

Week 1 2 3



Fresh Ideas Feeding Minds

Weekly Menu



Autumn & Winter

Monday

Tuesday

Wednesday

Thursday

Friday



Margherita Pizza
with Potato Wedges (v)



Breaded Chicken in a Wrap with
Steamed Rice and a Dip



Roast Chicken with Stuffing,
Roast Potatoes and Gravy



Pork and Carrot Meatballs in
Tomato Sauce with Spaghetti



Breaded Fish Fingers **or**
Salmon Fingers with Chips

Alternatively

Alternatively

Alternatively

Alternatively

Alternatively



Vegemince Bolognese
with Spaghetti (v)



Homemade Bean Burger in a Wrap
with Steamed Rice and a Dip (v)



Plant Sausages with Roast
Potatoes and Gravy (v)



Tex Mex Chilli
Loaded Wedges (v)



Spanish Omelette
with Chips (v)

Cocoa Mousse

Steamed Jam Sponge
with Custard

Chewy Krispie Bar

Apple Crunch
with Greek Yogurt

Cocoa Oatcake
with Orange Wedges

Week One: 3 Nov | 24 Nov | 15 Dec | 19 Jan | 9 Feb | 9 Mar - Fresh Fruit Available Daily

Week ① ② ③



Fresh Ideas Feeding Minds

Weekly Menu



Autumn & Winter

Monday

Tuesday

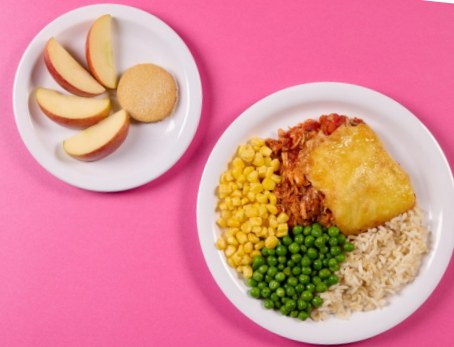
Wednesday

Thursday

Friday



Margherita Pizza
with Tomato Pasta (v)



Chicken Burrito Bake
with Steamed Rice



Roast Chicken with Stuffing
and Roast Potatoes



Sausage Pastry Pinwheel
with Potato Wedges



Chicken Fillet Bites
with Chips

Alternatively

Alternatively

Alternatively

Alternatively

Alternatively



Sweet Potato and Lentil Curry
with Steamed Rice (v)



Cheese and Tomato
Pasta Bake (v)



Cheese and Potato Pie (v)



Plant Pastry Pinwheel
with Potato Wedges (v)



Garden Vegetable Goujons
with Chips (v)

Cocoa Orange
Cupcake

Shortbread with
Apple Wedges

Oaty Cookie

Fruit Jelly

Iced Sprinkle Cake

Week Two: 10 Nov | 1 Dec | 5 Jan | 26 Jan | 23 Feb | 16 Mar – Fresh Fruit Available Daily

Week ① ② ③



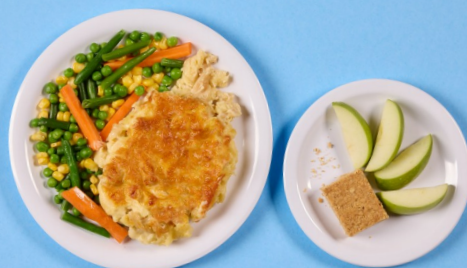
Fresh Ideas Feeding Minds

Weekly Menu



Autumn & Winter

Monday



Cheesy Pasta (v)

Tuesday



Pork Chilli
Loaded Wedges

Wednesday



Chipolata Sausages with
Yorkshire Pudding, Mashed
Potato and Gravy

Thursday



Chinese-Style Chicken
with Noodles

Friday



Breaded Fish Fingers
with Chips

Alternatively



Plant Balls in Tomato Sauce
with Steamed Rice (v)

Alternatively



Cheese and Tomato
Pasta Bake (v)

Alternatively



Plant Sausages with
Yorkshire Pudding, Mashed
Potato and Gravy (v)

Alternatively



Cheese and Potato Pastry
Pinwheel with Potato Wedges (v)

Alternatively



Vegetarian Enchilada
with Chips (v)

Flapjack and
Apple Wedges

Cocoa Sponge
with Cocoa Sauce

Peach Crunch
with Greek Yogurt

Vanilla
Ice Cream

Carrot Cake

Week Three: 17 Nov | 8 Dec | 12 Jan | 2 Feb | 2 Mar | 23 Mar – Fresh Fruit Available Daily