

Norse Catering - Allergen Chart
Autumn/Winter Primary Menu 25/26 - Week One

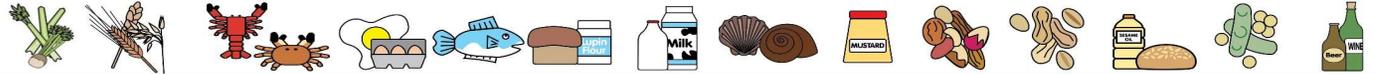


| Week 1 | Celery | Cereals containing Gluten | Crustacean | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphur Dioxide |
|---|--------|---------------------------|------------|------|------|-------|------|---------|---------|------|---------|--------------|------|-----------------|
| Monday | | | | | | | | | | | | | | |
| Margherita Pizza (v) | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Potato Wedges | | | | | | | | | | | | | | |
| <i>Vegemince Bolognese (v)</i> | | | | | | | | | | | | | ✓ | |
| <i>Spaghetti</i> | | ✓ | | | | | | | | | | | | |
| Peas | | | | | | | | | | | | | | |
| Sweetcorn | | | | | | | | | | | | | | |
| Cocoa Mousse | | | | | | | ✓ | | | | | | | |
| Cheese Sandwich | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Ham Sandwich | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Salad Sticks | | | | | | | | | | | | | | |
| Sultanas | | | | | | | | | | | | | | |
| Cocoa Mousse | | | | | | | ✓ | | | | | | | |
| Tuesday | | | | | | | | | | | | | | |
| Breaded Chicken | | ✓ | | | | | | | | | | | | |
| Wrap | | ✓ | | | | | | | | | | | | |
| <i>Bean Burger (v)</i> | | | | ✓ | | | ✓ | | | | | | | |
| Steamed Rice | | | | | | | | | | | | | | |
| Tomato Dip | | | | | | | | | | | | | | |
| Mayo Dip | | | | ✓ | | | | | | | | | | |
| Salad Sticks | | | | | | | | | | | | | | |
| Jam Sponge | | ✓ | | ✓ | | | ✓ | | | | | | | ✓ |
| Custard | | | | | | | ✓ | | | | | | | |
| Cheese Sandwich | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Ham Sandwich | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Pizza Finger | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Salad Sticks | | | | | | | | | | | | | | |
| Jam Cupcake | | ✓ | | ✓ | | | | | | | | | | ✓ |
| Wednesday | | | | | | | | | | | | | | |
| Roast Chicken | | | | | | | | | | | | | | |
| Stuffing | | ✓ | | | | | | | | | | | | |
| <i>Plant Sausages (v)</i> | | | | | | | | | | | | | | |
| Roast Potatoes | | | | | | | | | | | | | | |
| Gravy | | | | | | | | | | | | | | |
| Carrots | | | | | | | | | | | | | | |
| Cabbage | | | | | | | | | | | | | | |
| Chewy Krispie Bar | | ✓ | | | | | ✓ | | | | | | | |
| Cheese and Tomato Pasta Pot | | ✓ | | | | | ✓ | | | | | | | |
| Salad Sticks | | | | | | | | | | | | | | |
| Fruit Portion | | | | | | | | | | | | | | |
| Chewy Krispie Bar | | ✓ | | | | | ✓ | | | | | | | |
| Thursday | | | | | | | | | | | | | | |
| Pork and Carrot Meatballs in Tomato Sauce | | | | | | | | | | | | | | ✓ |
| Spaghetti | | ✓ | | | | | | | | | | | | |
| <i>Tex Mex Chilli Loaded Wedges (v)</i> | | | | | | | ✓ | | | | | | ✓ | |

| | | | | | | | | | | | | | | |
|-----------------------------|--|---|--|---|--|---|---|---|--|--|--|--|---|--|
| Mixed Vegetables | | | | | | | | | | | | | | |
| Apple Crunch | | ✓ | | | | | | | | | | | | |
| Greek Yogurt | | | | | | | ✓ | | | | | | | |
| Cheese and Tomato Pasta Pot | | ✓ | | | | | ✓ | | | | | | | |
| Salad Sticks | | | | | | | | | | | | | | |
| Sultanas | | | | | | | | | | | | | | |
| Fruit Jelly | | | | | | | | | | | | | | |
| Friday | | | | | | | | | | | | | | |
| Breaded Fish Fingers | | ✓ | | | | ✓ | | | | | | | | |
| Salmon Fingers | | | | | | ✓ | | | | | | | | |
| Spanish Omelette (v) | | | | ✓ | | | | ✓ | | | | | | |
| Chips | | | | | | | | | | | | | | |
| Peas | | | | | | | | | | | | | | |
| Baked Beans | | | | | | | | | | | | | | |
| Cocoa Oatcake | | ✓ | | | | | | | | | | | | |
| Orange Wedges | | | | | | | | | | | | | | |
| Cheese Sandwich | | ✓ | | | | | | ✓ | | | | | ✓ | |
| Ham Sandwich | | ✓ | | | | | | ✓ | | | | | ✓ | |
| Salad Sticks | | | | | | | | | | | | | | |
| Cocoa Oatcake | | ✓ | | | | | | | | | | | | |
| Orange Wedges | | | | | | | | | | | | | | |

Norse kitchens are nut-free environments and every precaution is taken to eliminate the likelihood of cross-contamination of allergens within school kitchens, we are unable to guarantee a one hundred percent allergen free environment

Norse Catering - Allergen Chart
Autumn/Winter Primary Menu 25/26 - Week Two



| Week 2 | Celery | Cereals containing Gluten | Crustacean | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphur Dioxide |
|--|--------|---------------------------|------------|------|------|-------|------|---------|---------|------|---------|--------------|------|-----------------|
| Monday | | | | | | | | | | | | | | |
| Margherita Pizza (v) | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Tomato Pasta | | ✓ | | | | | | | | | | | | |
| <i>Sweet Potato and Lentil Curry (v)</i> | | | | | | | | | | | | | | |
| <i>Steamed Rice</i> | | | | | | | | | | | | | | |
| Salad Sticks | | | | | | | | | | | | | | |
| Cocoa Orange Cupcake | | ✓ | | ✓ | | | | | | | | | | |
| Tuesday | | | | | | | | | | | | | | |
| Ham Sandwich | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Cheese Sandwich | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Salad Sticks | | | | | | | | | | | | | | |
| Sultanas | | | | | | | | | | | | | | |
| Cocoa Orange Cupcake | | ✓ | | ✓ | | | | | | | | | | |
| Wednesday | | | | | | | | | | | | | | |
| Chicken Burrito Bake | | ✓ | | | | | ✓ | | | | | | | |
| Steamed Rice | | | | | | | | | | | | | | |
| <i>Cheese and Tomato Pasta Bake (v)</i> | | ✓ | | | | | ✓ | | | | | | | |
| Peas | | | | | | | | | | | | | | |
| Sweetcorn | | | | | | | | | | | | | | |
| Shortbread (Bitesize) | | ✓ | | | | | | | | | | | | |
| Apple Wedges | | | | | | | | | | | | | | |
| Thursday | | | | | | | | | | | | | | |
| Ham Sandwich | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Cheese Sandwich | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Pizza Finger | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Shortbread (Bitesize) | | ✓ | | | | | | | | | | | | |
| Apple Wedges | | | | | | | | | | | | | | |
| Friday | | | | | | | | | | | | | | |
| Roast Chicken | | | | | | | | | | | | | | |
| Stuffing | | ✓ | | | | | | | | | | | | |
| Roast Potatoes | | | | | | | | | | | | | | |
| <i>Cheese and Potato Pie (v)</i> | | | | ✓ | | | ✓ | | | | | | | |
| Gravy | | | | | | | | | | | | | | |
| Carrots | | | | | | | | | | | | | | |
| Green Beans | | | | | | | | | | | | | | |
| Oaty Cookie | | ✓ | | ✓ | | | | | | | | | | |
| Saturday | | | | | | | | | | | | | | |
| Cheese and Tomato Pasta Pot | | ✓ | | | | | ✓ | | | | | | | |
| Salad Sticks | | | | | | | | | | | | | | |
| Fruit Portion | | | | | | | | | | | | | | |
| Oaty Cookie | | ✓ | | ✓ | | | | | | | | | | |
| Sunday | | | | | | | | | | | | | | |
| Sausage Pastry Pinwheel | | ✓ | | ✓ | | | | | | | | | | ✓ |
| <i>Plant Sausage Pastry Pinwheel (v)</i> | | ✓ | | | | | | | | | | | | |
| Potato Wedges | | | | | | | | | | | | | | |
| Baked Beans | | | | | | | | | | | | | | |
| Fruit Jelly | | | | | | | | | | | | | | |
| Cheese and Tomato Pasta Pot | | ✓ | | | | | ✓ | | | | | | | |

| | | | | | | | | | | | | | | |
|-------------------------------------|---|---|--|---|--|--|---|--|--|--|--|--|---|--|
| Salad Sticks | | | | | | | | | | | | | | |
| Sultanas | | | | | | | | | | | | | | |
| Fruit Jelly | | | | | | | | | | | | | | |
| Friday | | | | | | | | | | | | | | |
| Chicken Fillet Bites | ✓ | ✓ | | | | | | | | | | | | |
| <i>Garden Vegetable Goujons (v)</i> | | | | | | | | | | | | | | |
| Chips | | | | | | | | | | | | | | |
| Peas | | | | | | | | | | | | | | |
| Baked Beans | | | | | | | | | | | | | | |
| Iced Sprinkle Cake | | ✓ | | ✓ | | | | | | | | | | |
| Ham Sandwich | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Cheese Sandwich | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Salad Sticks | | | | | | | | | | | | | | |
| Sultanas | | | | | | | | | | | | | | |
| Iced Sprinkle Cake | | ✓ | | ✓ | | | | | | | | | | |

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Norse Catering - Allergen Chart
Autumn/Winter Primary Menu 25/26 - Week Three



| Week 3 | Celery | Cereals containing Gluten | Crustacean | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphur Dioxide |
|--|--------|---------------------------|------------|------|------|-------|------|---------|---------|------|---------|--------------|------|-----------------|
| Monday | | | | | | | | | | | | | | |
| Cheesy Pasta (v) | | ✓ | | | | | ✓ | | | | | | | |
| <i>Plant Balls in Tomato Sauce (v)</i> | | | | | | | | | | | | | | |
| Steamed Rice | | | | | | | | | | | | | | |
| Mixed Vegetables | | | | | | | | | | | | | | |
| Flapjack (Bitesize) | | ✓ | | | | | | | | | | | | |
| Apple Wedges | | | | | | | | | | | | | | |
| Ham Sandwich | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Cheese Sandwich | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Salad Sticks | | | | | | | | | | | | | | |
| Flapjack (Bitesize) | | ✓ | | | | | | | | | | | | |
| Apple Wedges | | | | | | | | | | | | | | |
| Tuesday | | | | | | | | | | | | | | |
| Pork Chilli Loaded Wedges | | | | | | | ✓ | | | | | | | |
| <i>Cheese and Tomato Pasta Bake (v)</i> | | ✓ | | | | | ✓ | | | | | | | |
| Mixed Salad | | | | | | | | | | | | | | |
| Cocoa Sponge | | ✓ | | ✓ | | | ✓ | | | | | | | |
| Cocoa Sauce | | | | | | | ✓ | | | | | | | |
| Ham Sandwich | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Cheese Sandwich | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Sultanas | | | | | | | | | | | | | | |
| Salad Sticks | | | | | | | | | | | | | | |
| Cocoa Cupcake | | ✓ | | ✓ | | | | | | | | | | |
| Wednesday | | | | | | | | | | | | | | |
| Chipolata Sausages | | ✓ | | | | | | | | | | | | ✓ |
| <i>Plant Sausages (v)</i> | | | | | | | | | | | | | | |
| Yorkshire Pudding | | ✓ | | ✓ | | | ✓ | | | | | | | |
| Mashed Potato | | | | | | | | | | | | | | |
| Gravy | | | | | | | | | | | | | | |
| Peas | | | | | | | | | | | | | | |
| Carrots | | | | | | | | | | | | | | |
| Peach Crunch | | ✓ | | | | | | | | | | | | |
| Greek Yogurt | | | | | | | ✓ | | | | | | | |
| Cheese and Tomato Pasta Pot | | ✓ | | | | | ✓ | | | | | | | |
| Salad Sticks | | | | | | | | | | | | | | |
| Sultanas | | | | | | | | | | | | | | |
| Fruit Jelly | | | | | | | | | | | | | | |
| Thursday | | | | | | | | | | | | | | |
| Chinese-Style Chicken | | | | | | | | | | | | | | |
| Noodles | | ✓ | | | | | | | | | | | | |
| <i>Cheese and Potato Pastry Pinwheel (v)</i> | | ✓ | | | | | ✓ | | | | | | | |
| <i>Potato Wedges</i> | | | | | | | | | | | | | | |
| Sweetcorn | | | | | | | | | | | | | | |
| Broccoli | | | | | | | | | | | | | | |
| Vanilla Ice Cream | | | | | | | ✓ | | | | | | | |

| | | | | | | | | | | | | | | |
|---------------------------------|--|---|--|--|---|--|---|--|--|--|--|--|---|--|
| Cheese and Tomato Pasta Pot | | ✓ | | | | | ✓ | | | | | | | |
| Sultanas | | | | | | | | | | | | | | |
| Fruit Portion | | | | | | | | | | | | | | |
| Vanilla Ice Cream | | | | | | | ✓ | | | | | | | |
| Friday | | | | | | | | | | | | | | |
| Breaded Fish Fingers | | ✓ | | | ✓ | | | | | | | | | |
| <i>Vegetarian Enchilada (v)</i> | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Chips | | | | | | | | | | | | | | |
| Peas | | | | | | | | | | | | | | |
| Baked Beans | | | | | | | | | | | | | | |
| Carrot Cake | | ✓ | | | ✓ | | | | | | | | | |
| Ham Sandwich | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Cheese Sandwich | | ✓ | | | | | ✓ | | | | | | ✓ | |
| Salad Sticks | | | | | | | | | | | | | | |
| Sultanas | | | | | | | | | | | | | | |
| Carrot Cake | | ✓ | | | ✓ | | | | | | | | | |



| | Celery | Cereals containing Gluten | Crustacean | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphur Dioxide |
|-------------------------------|--------|---------------------------|------------|------|------|-------|------|---------|---------|------|---------|--------------|------|-----------------|
| Jacket Potatoes | | | | | | | | | | | | | | |
| Jacket Potato (Size May Vary) | | | | | | | | | | | | | | |
| Fillings | | | | | | | | | | | | | | |
| Baked Beans | | | | | | | | | | | | | | |
| Cheese and Baked Beans | | | | | | | ✓ | | | | | | | |
| Cheese | | | | | | | ✓ | | | | | | | |

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