



Week 1	Celery	Cereals containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Monday														
(v) Quorn Chipolatas		✓		✓			✓							
Omelette				✓			✓							
(v) Garden Vegetable Goujons														
Hash Brown														
Baked Beans														
Chewy Bar							✓							
Melon Wedge														
Tuesday														
Tuna and Tomato Pasta Bake		✓			✓		✓							
(v) Margherita Pizza		✓					✓							
Potato Wedges														
Mixed Salad														
Coleslaw				✓					✓					
Homemade Sponge		✓		✓			✓							
Sponge Sauce							✓							
Wednesday														
Roast Chicken														
Stuffing		✓												
(v) Lentil Roast		✓		✓			✓						✓	
Roast Potatoes														
Broccoli														
Carrots														
Gravy														
Fresh Fruit Salad														
Thursday														
Beef Enchilada Bake		✓					✓							
Savoury Rice														
(v) Sweet and Sour Quorn		✓		✓										
Noodles		✓		✓										
Green Beans														
Sweetcorn														
Vanilla Ice Cream							✓							
Friday														
Breaded Fish Fingers		✓			✓									
(v) Vegetable Frittata				✓			✓							
Chips														
Garden Peas														
Baked Beans														
Summer Berry Muffin		✓		✓			✓							



Week 3	Celery	Cereals containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Monday														
(v) Margherita Pizza		✓					✓							
Herby Diced Potatoes														
(v) Vegetarian Bean Chilli		✓											✓	
Steamed Rice														
Mixed Salad														
Coleslaw				✓					✓					
Flapjack		✓												
Apple Wedges														
Tuesday														
Chicken Curry							✓							
Steamed Rice														
Naan Bread		✓												
(v) Vegetable Lasagne		✓					✓							
Green Beans														
Sweetcorn														
Summer Fruit Jelly														
Wednesday														
Sausages		✓												✓
Yorkshire Pudding		✓		✓			✓							
(v) Vegemince Pasty		✓											✓	
Mashed Potatoes														
Garden Peas														
Carrots														
Gravy														
Fresh Fruit Salad														
Thursday														
Beef and Macaroni Bake		✓					✓							
(v) Sweet Potato and Lentil Curry							✓							
Steamed Rice														
Vegetable Medley														
Toffee Cream Tart		✓					✓							
Friday														
Breaded Fish Fingers		✓			✓									
Salmon Fingers					✓									
(v) Quorn Burger		✓		✓			✓							
Chips														
Garden Peas														
Baked Beans														
Lemon Cupcake		✓		✓			✓							

Norse kitchens are nut-free environments and every precaution is taken to eliminate the likelihood of cross-contamination of allergens within school kitchens, we are unable to guarantee a one hundred percent allergen free environment