

Norse Catering - Allergen Chart Spring/Summer Primary Menu 2022 - Week One

























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Week 1 Monday	Celery	Cereals containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Margherita Pizza (v)		✓					√							
Potato Wedges		1												+
Oriental Quorn Strips with Noodles (v)		✓		√									√	+
Sweetcorn		1		<u>'</u>										+
Vanilla Ice Cream							✓							
50/50 Bread		1											✓	
Cheese - Sandwich Filling							✓							
Spread							✓							
Carrot Batons														
Sultanas														
Orange Wedges														
Vanilla Ice Cream							✓							
Tuesday														
Spanish Chicken														
Steamed Rice														
Vegemince Bolognese (v)													✓	
Pasta Twists		✓												
Mixed Salad														
Beetroot Brownie		✓		✓										
50/50 Bread		✓											✓	
Ham - Sandwich Filling														
Spread							✓							
Cucumber Sticks														
Pizza Finger		✓					✓							
Melon Wedge														
Beetroot Brownie		✓		✓										
Wednesday														
Roast Chicken														
Stuffing		✓												
Quorn Fillet (v)		✓												
Roast Potatoes														
Carrots														
Green Beans														
Gravy														
Oaty Bar		✓												
Apple Wedges														
Cheese and Tomato Pasta Pot		✓					✓							
Cucumber Sticks														
Sultanas														

Fresh Fruit Portion								
Oaty Bar	✓							
Thursday								
Beef Bolognese								
Pasta Twists	✓							
Sweet Potato and Lentil Curry (v)				✓				
Steamed Rice								
Mixed Vegetables								
Banana Cupcake	✓			✓				
50/50 Bread	✓						✓	
Egg Mayonaise		✓		✓				
Spread				✓				
Carrot Batons								
Cheese Bar				✓				
Orange Wedges								
Banana Cupcake	✓							
Friday								
Breaded Fish Fingers	✓		✓					
Tomato and Courgette Omelette (v)		✓		✓				
Chips								
Garden Peas								
Baked Beans								
Fresh Fruit Salad								
Bread Roll	✓						✓	
Ham - Sandwich Filling								
Spread				✓				
Carrot Batons								
Sultanas								
Fresh Fruit Portion								
Fruit Yoghurt	**************************************			✓				

Norse kitchens are nut-free environments and every precaution is taken to eliminate the likelihood of cross-contamination of allergens within school kitchens, we are unable to guarantee a one hundred percent allergen free environment



Norse Catering Allergen Chart Spring/Summer Primary Menu 2022 - Week Two

























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Week 2 Monday	Celery	Cereals containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Breaded Chicken		1												
Half Tortilla Wrap		1												
Lettuce														
Mayonnaise				✓					✓					
Potato Wedges														
Quorn and Tomato Pasta Bake (v)		1					✓							
Crunchy Vegetable Sticks														
Apple Flapjack		✓												
50/50 Bread		✓											✓	
Cheese - Sandwich Filling							✓							
Spread							✓							
Carrot Batons														
Sultanas														
Apple Wedges														
Flapjack		1												
Tuesday														
Margherita Pizza (v)		✓					✓							
Pasta Salad		✓		✓					✓					
Vegemince and Bean Chilli (v)													✓	
Steamed Rice														
Sweetcorn														
Fruit Jelly														
50/50 Bread		1											✓	
Ham - Sandwich Filling														
Spread							✓							
Cucumber Sticks														
Cheese Bar							✓							
Fresh Fruit Portion														
Fruit Jelly														
Wednesday														
Roast Beef														
Homemade Yorkshire Pudding		✓		✓			✓							
Mashed Potato														
Vegemince Cottage Pie (v)													✓	
Carrots														
Garden Peas	ļ													1
Gravy	1	1												-
Fresh Fruit Selection														
Cheese and Tomato Pasta Pot		✓					✓					,		

Cucumber Sticks								
Sultanas								
Fresh Fruit Portion								
Fruit Yoghurt				\				
Thursday								
Chicken Curry				✓				
Steamed Rice								
Italian Bean Bake (v)				✓				
Broccoli								
Herby Bread	✓							
Summer Berry Muffin	✓	✓		✓				
50/50 Bread	✓						✓	
Egg Mayonnaise		✓		✓				
Spread				✓				
Carrot Batons								
Pizza Finger	✓			✓				
Orange Wedges								
Summer Berry Muffin	✓	✓						
Friday								
Breaded Fish Fingers	✓		✓					
Cheese, Onion Pastry Parcel (v)	✓			✓				
Chips								
Garden Peas								
Baked Beans								
Cocoa Shortbread	✓							
Melon Wedge								
Bread Roll	✓							
Ham - Sandwich Filling								
Spread				✓				
Cucumber Sticks								
Sultanas								
Melon Wedge								
Cocoa Shortbread	✓							

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Norse Catering Allergen Chart Spring/Summer Primary Menu 2022 - Week Three























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Week 3	Celery	Cereals containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Monday														
Pork Sausages		√												✓
Vegetarian Sausage (v)		✓												
Baked Beans														
Omelette				✓			✓							
Hash Browns	<u> </u>													
Iced Lemon Cupcake		✓		✓										
50/50 Bread		✓											✓	
Cheese - Sandwich Filling							✓							
Spread							✓							
Carrot Batons														
Sultanas														
Fresh Fruit Portion														
Iced Lemon Cupcake		✓		✓										
Tuesday														
Mac 'n' Cheese (v)		✓					✓							
BBQ Quorn (v)		✓												
Hald Tortilla Wrap		✓												
Potato Wedges														
Mixed Vegetables														
Fresh Fruit Selection														
50/50 Bread		✓											✓	
Ham - Sandwich Filling														
Spread							✓							
Cucumber Sticks														
Pizza Finger		1					✓							
Fresh Fruit Portion														
Fruit Yoghurt							✓							
Wednesday														
Roast Chicken														
Stuffing		1												
Vegetarian Roast (v)				✓			✓							
Mashed Potato														
Spring Greens														
Carrots														
Gravy														
Marble Cake		✓		✓										
Cheese and Tomato Pasta Pot		1					1							
Cucumber Sticks		·												
Sultanas		1												
	1		1											

Marpherita Pitza (v) Wegetarian Enchluda (v)			1	1	1	1			1	
Margherita Pizza (v)	Apple Wedges									<u> </u>
Margherita Pizza (v) ✓	Marble Cake	✓	✓							
Vegetaria Enchilodo (y) ✓	Thursday									
Sunshine Couscous Y	Margherita Pizza (v)									
Mixed Salad Fruit Smoothie Ice Cream 50/50 Bread Spread S		✓			✓				✓	
Fruit Smoothie Ice Cream ✓ <td>Sunshine Couscous</td> <td>✓</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>	Sunshine Couscous	✓								
Solyto Bread	Mixed Salad									
Egg Mayonnaise - Sandwich Filling ✓	Fruit Smoothie Ice Cream									
Spread Image: Control Batons Image: Con	50/50 Bread	√							✓	
Carrot Batons Cheese Bar Friesh Fruit Portion Smoothie Ice Cream Friday Breaded Fish Fingers Garden Vegetable Goujons (v) Chips Garden Peas Baked Beans Cocoa Krispie Bar Orange Wedges Fried Grange Wedges Fried	Egg Mayonnaise - Sandwich Filling		✓		✓					
Service Sear	Spread				✓					
Fresh Fruit Portion	Carrot Batons				✓					
Smoothie Ice Cream Image: Cream of the Image:	Cheese Bar									
Friday Friday ✓ <t< td=""><td>Fresh Fruit Portion</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></t<>	Fresh Fruit Portion									
Breaded Fish Fingers ✓	Smoothie Ice Cream									
Salmon Fingers Garden Vegetable Goujons (v) Chips Garden Peas Baked Beans Cocoa Krispie Bar Orange Wedges Bread Roll Ham - Sandwich Filling Spread Cuumber Sticks Sultanas Orange Wedges	Friday									
Salmon Fingers Garden Vegetable Goujons (v) Chips Garden Peas Baked Beans Cocoa Krispie Bar Orange Wedges Bread Roll Ham - Sandwich Filling Spread Cuumber Sticks Sultanas Orange Wedges	Breaded Fish Fingers	✓		✓						
Garden Vegetable Goujons (v)	Salmon Fingers			✓						
Garden Peas <t< td=""><td>Garden Vegetable Goujons (v)</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></t<>	Garden Vegetable Goujons (v)									
Garden Peas <t< td=""><td>Chips</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></t<>	Chips									
Cocoa Krispie Bar	Garden Peas									
Orange Wedges ✓	Baked Beans									
Fread Roll	Cocoa Krispie Bar									
Ham - Sandwich Filling Spread Cucumber Sticks Sultanas Orange Wedges	Orange Wedges									
Spread ✓ <td< td=""><td>Bread Roll</td><td>✓</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></td<>	Bread Roll	✓								
Cucumber Sticks Sultanas Orange Wedges	Ham - Sandwich Filling									
Sultanas Orange Wedges Orange Transport Orange Wedges	Spread				✓					
Sultanas Orange Wedges Orange Transport Orange Wedges	Cucumber Sticks									
	Sultanas									
	Orange Wedges									
	Cocoa Krispie Bar									

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