

# Menu Selection - Week 1

## Monday



Liver and Bacon  
in Gravy

## Tuesday



Cold Meats  
and Pickles

## Wednesday



Chicken and  
Leek Pie

## Thursday



Toad in the Hole

## Friday



Battered Cod

## Saturday



Beef Lasagne  
with Garlic Bread

## Sunday



Roast Chicken  
with Stuffing



Bubble and Squeak  
with a Fried Egg



Cheese and Onion  
Pastry Pinwheel



Quorn Sausage  
Casserole



Cheese and  
Tomato Flan



Vegetable  
Goujons



Vegetable Stir Fry  
with Noodles



Vegetable  
Pastry Parcel



Jam Sponge



Chocolate Brownie



Eton Mess



Peach Crumble



Lemon Tart



Tiramisu



Banoffee Pie



# Menu Selection - Week 2

Monday



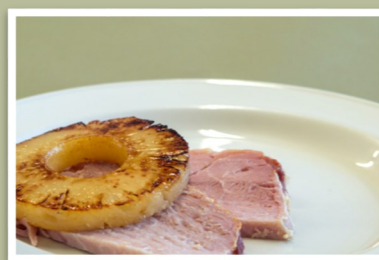
Sausage Casserole

Tuesday



Salmon en Croute

Wednesday



Roast Gammon  
with Pineapple

Thursday



Chicken Curry

Friday



Scampi

Saturday



Mediterranean  
Chicken

Sunday



Roast Beef with  
Yorkshire Pudding



Macaroni Cheese



BBQ Quorn Fillet



Cauliflower, Broccoli  
and Cheese Bake



Vegetarian Lasagne



Steamed Cod in  
Parsley Sauce



Spanish Omelette



Vegemince in a  
Yorkshire Pudding



Syrup Sponge



Fruit Flan



Bread and Butter  
Pudding



Lemon and Ginger  
Cheesecake



Raspberry Mousse



Crème Caramel



Fruit Trifle

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# Menu Selection - Week 3

**Monday**



**Quiche Lorraine**

**Tuesday**



**Homemade  
Fish Cake**

**Wednesday**



**Balmoral Chicken**

**Thursday**



**Beef Goulash**

**Friday**



**Battered Cod**

**Saturday**



**Sweet and Sour  
Chicken**

**Sunday**



**Roast Pork  
with Apple Sauce**



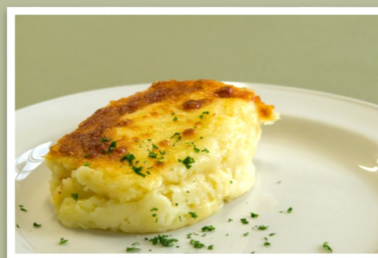
**Mediterranean  
Quorn Fillet**



**Cheese, Leek  
and Potato Bake**



**Vegetarian  
Cottage Pie**



**Cheese and  
Potato Pie**



**Battered  
Quorn Sausages**



**Vegetarian  
Bolognese**



**Mushroom and  
Spinach Wellington**



**Jam Crumble Slice**



**Fruit Meringue  
Roulade**



**Cherry Bakewell  
Sponge**



**Chocolate Torte**



**Apple Pie**



**Toffee Banana  
and Ice Cream**



**Lemon Posset**

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