

Norse Catering - Allergen Chart Spring/Summer Primary Menu 2024 - Week One























Week 1	Celery	Cereals containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Margherita Pizza (v)		1					1							
Tomato Pasta Salad		·					,							
Tex Mex Chilli (v)													√	
Steamed Rice														
Peas														
Sweetcorn														
Orange Cupcake		✓		✓										
Cheese Sandwich		✓					✓						✓	
Ham Sandwich		1					✓						✓	
Salad Sticks														
Popcorn								Ì						
Orange Cupcake		✓		✓										
Tuesday														
Beef Meatballs with a Tomato Sauce														
Sub Roll		✓												
Potato Wedges														
Cheese and Tomato Pasta Bake (v)		✓					✓							
Mixed Salad														
Strawberry Ice Cream							✓							
Cheese Sandwich		✓					✓						✓	
Ham Sandwich		✓					✓						✓	
Pizza Finger		✓					✓							
Melon Wedge														
Strawberry Ice Cream							✓							
Wednesday														
Roast Chicken														
Stuffing		✓												
Mashed Potatoes														
Cheese and Potato Pie (v)				✓			✓							
Gravy														
Carrots														
Green Beans														
Toffee Cream Shortbread		✓					✓							
Cheese and Tomato Pasta Pot		✓					✓							
Salad Sticks			-											
Sultanas														
Toffee Cream Shortbread		✓					✓							
Thursday														
Chicken and Sweetcorn Pasta		✓					✓							

BBQ Plant Balls (v)								
Steamed Rice								
Mixed Vegetables								
Cocoa Krispie Bar	✓							
Cheese Sandwich	✓			✓			✓	
Tuna Mayo Sandwich	✓	✓	✓	✓			✓	
Sultanas								
Orange Wedges								
Cocoa Krispie Bar	✓							
Friday								
Breaded Fish Fingers	✓		✓					
Tomato and Courgette Omelette (v)		✓		✓				
Chips								
Peas								
Baked Beans								
Summer Berry Muffin	✓	✓		✓				
Cheese and Tomato Pasta Pot	✓			✓				
Salad Sticks								
Sultanas								
Summer Berry Muffin	✓	✓		✓				

Norse kitchens are nut-free environments and every precaution is taken to eliminate the likelihood of cross-contamination of allergens within school kitchens, we are unable to guarantee a one hundred percent allergen free environment



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Week 2 Monday	Celery	Cereals containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Margherita Pizza (v)		√					1							
	_	-					•							
Potato Wedges Homemade Bean Burger (v)	_			✓			√							
Bread Roll		✓		•			•							
Sweetcorn		-												\vdash
	_	√		✓										
Vanilla Cupcake				•										
Ham Sandwich		✓					✓						✓	
Cheese Sandwich		✓					✓						✓	
Salad Sticks														
Popcorn														
Vanilla Cupcake		✓		✓										
Tuesday														
Breaded Chicken Goujons in a Wrap		✓												
Tomato Dip														
Mayo Dip				✓										
Savoury Rice														
Plant - Powered Sausages (ve)														
Tomato Pasta		✓												
Crunchy Vegetable Sticks														
Cocoa Oatcake		✓												
Ham Sandwich		✓					✓						✓	
Cheese Sandwich		✓					✓						✓	
Pizza Finger		✓					✓							
Melon Wedge														
Cocoa Oatcake		✓												
Wednesday														
Roast Chicken														
Stuffing		✓												
Vegetable and Tomato Plait (v)		✓												
Roast Potatoes														
Gravy														
Carrots														
Peas														
Shortbread		✓												
Cheese and Tomato Pasta Pot		✓					✓							
Salad Sticks														
Sultanas														
Shortbread		✓												
Thursday														

Cheesy Pasta (v)	T 🗸			· ·				
Cauliflower, Chickpea and Potato Curry (v)	<u>, , , , , , , , , , , , , , , , , , , </u>			<u>, , , , , , , , , , , , , , , , , , , </u>				
Steamed Rice								
Mixed Vegetables								
Fruit Jelly								
Tuna Mayo Sandwich	✓	√	✓	✓			✓	
Cheese Sandwich	✓			✓			✓	
Popcorn								
Orange Wedges								
Fruit Jelly								
Friday								
Breaded Fish Fingers	✓		✓					
Garden Vegetable Goujons (v)								
Chips								
Peas								
Baked Beans								
Cherry Bakewell Cupcake	✓	✓						✓
Cheese and Tomato Pasta Pot	✓			✓				
Salad Sticks								
Sultanas								
Cherry Bakewell Cupcake	✓	✓						✓

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Norse Catering - Allergen Chart Spring/Summer Primary Menu 2024 - Week Three

























Week 3	Celery	Cereals containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Margherita Pizza (v)		√					✓							
Potato Wedges		•					•							\vdash
Vegemince Bolognese (v)													√	\vdash
Pasta		✓												\vdash
Crunchy Vegetable Sticks		Y												
Cocoa Mousse							✓							
Ham Sandwich		✓					✓						✓	
Cheese Sandwich		✓					√						✓	
Salad Sticks														
Popcorn														
Cocoa Mousse							✓							
Tuesday														
Beef Bolognese														
Pasta		✓												
Loaded Tomato and Bean Bake (v)							✓							
Broccoli														
Lemon Shortbread		✓												
Ham Sandwich		✓					✓						✓	
Cheese Sandwich		✓					✓						✓	
Pizza Finger		✓					✓							
Melon Wedge														
Lemon Shortbread		✓												
Wednesday														
Chipolata Sausages		✓												✓
Yorkshire Pudding		✓		✓			✓							
Plant Sausages (v)														
Mashed Potato														
Mixed Vegetables														
Marble Cake		✓		✓										
Cheese and Tomato Pasta Pot		✓					√							
Salad Sticks														
Sultanas														
Marble Cake		✓		✓										
Thursday														
BBQ Chicken														
Savoury Rice														
Cheese and Tomato Pasta Bake (v)		✓					✓							
Sweetcorn														
Banana Flapjack		✓												

Tuna Mayo Sandwich	✓	✓	✓	✓			✓	
Cheese Sandwich	✓			✓			✓	
Popcorn								
Orange Wedges								
Banana Flapjack	✓							
Friday								
Breaded Fish Fingers	✓		✓					
Salmon Fingers			✓					
Cheese and Potato Pastry Pinwheel (v)	✓			✓				
Chips								
Peas								
Baked Beans								
Iced Sprinkle Cake	✓	✓		✓				
Cheese and Tomato Pasta Pot	✓			✓				
Salad Sticks								
Sultanas								
Iced Sprinkle Cake	✓	✓		✓				

					D.	Jupin	Milk		MUSTARD				1	1
Jacket Potatoes	Celery	Cereals containing	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Jacket Potato (Size May Vary)														i
Fillings														
Baked Beans														
Tuna Mayonnaise				✓	✓									
Cheese and Baked Beans							√							
Cheese							✓							

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