



# Fresh Ideas Feeding Minds

## Recipe Feature Summer Berry Muffin

Makes 12

### Ingredients

240g	Self-Raising Flour
140g	Granulated Sugar
200g	Margarine
1 x	Large Egg
100ml	Semi-Skimmed Milk
80g	Frozen Mixed Berries

### Method

1. Gently melt the margarine in a pan.
2. In a bowl, whisk the milk, egg, and melted margarine together.
3. Add flour and sugar to the mixture, then gently add the berries. Be careful not to over-beat the mixture.
4. Spoon into muffin cases and bake at gas mark 4, 180°C or 350°F for 30-35 minutes until golden and springy to touch.
5. Once cool, dust with icing sugar and enjoy!

