# Week 1 2 3

#### Fresh Ideas Feeding Minds

## Allergen Aware Menu



























NON-DAIRY | NON-EGG | NON-GLUTEN | NON-SOYA | NON-NUTS | NON-PEANUTS | NON-SESAME SEEDS | NON-CELERY | NON-MUSTARD | NON-LUPIN | NON-CRUSTACEANS | NON-MOLLUSCS

Monday

Tuesday

Wednesday

Thursday

Friday











Margherita Pizza with Tomato Pasta (v)

Sweet and Sour Chicken with **Steamed Rice** 

Roast Chicken with Roast Potatoes and Gravy

Pork Sausage Pinwheel with Potato Wedges

Fish Fingers with Chips

**Alternatively** 

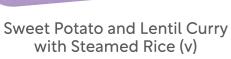
Alternatively

**Alternatively** 

Alternatively

**Alternatively** 







Cheese and Tomato Pasta Bake (v)



Plant Balls with Roast Potatoes and Gravy (v)



Plant Sausage Pinwheel with Potato Wedges (v)



Garden Vegetable Goujons with Chips (v)



Homemade Cocoa Cupcake

Homemade Shortbread with Orange Wedges



**Homemade Shortbread** 









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Monday

Tuesday

Wednesday

Thursday

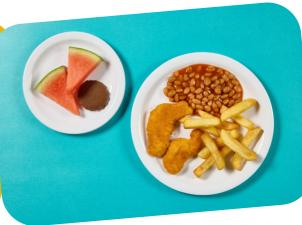
Friday











**Cheese and Tomato Pasta (Ve)** 

BBQ Chicken with Steamed Rice

Roast Chicken with Mashed Potato and Gravy

Pork and Carrot Meatballs in Tomato Sauce with Potato Wedges

Chicken Goujons with Chips

**Alternatively** 





Alternatively



Jacket Potato with Baked Beans and/or DF Cheese (v)

Alternatively



Cheese and Potato Pie (Ve)

Alternatively



Plant Sausages in Tomato Sauce with Potato Wedges (Ve)

Alternatively



Garden Vegetable Goujons with Chips (Ve)



Homemade Orange Cupcake

**Homemade Shortbread** 

**Iced Fruit Smoothie** 

Homemade Summer Berry and Apple Slice

Homemade Cocoa Shortbread with a Melon Wedge



## week 1 2

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## lergen Aware Menu



























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Tuesday

Wednesday

Thursday

Friday











**Homemade Cheese and Tomato Pizza Swirl** with Potato Wedges (Ve)

Pork and Lentil Bolognese with Pasta and Homemade Garlic Bread

**Alternatively** 

Pork Sausages with Mashed Potato and Gravy

Chicken Goujons in a Homemade Roll with Lettuce and Ketchup and Steamed Rice

Fish Fingers with Chips

**Alternatively** 



**Alternatively** 



Plant Sausages with Mashed Potato and Gravy (Ve)

**Alternatively** 

**Alternatively** 



Jacket Potato with Baked Beans and/or DF Cheese (v)

**Garden Vegetable Goujons** with Chips (Ve)



**Homemade Carrot Cake** 

**Homemade Cocoa Shortbread** with Orange Wedges

**Homemade Shortbread** with Apple Wedges



**Homemade Blueberry Cupcake** 

**Iced Fruit Smoothie** 

