



Week 1 2 3



Fresh Ideas Feeding Minds

Allergen Aware Menu

Spring & Summer



NON-DAIRY | NON-EGG | NON-GLUTEN | NON-SOYA | NON-NUTS | NON-PEANUTS | NON-SESAME SEEDS | NON-CELERY | NON-MUSTARD | NON-LUPIN | NON-CRUSTACEANS | NON-MOLLUSCS

Monday

Tuesday

Wednesday

Thursday

Friday



Margherita Pizza with Tomato Pasta (v)

Sweet and Sour Chicken with Steamed Rice

Roast Chicken with Roast Potatoes and Gravy

Pork Sausage Pinwheel with Potato Wedges

Fish Fingers with Chips

Alternatively

Alternatively

Alternatively

Alternatively

Alternatively



Sweet Potato and Lentil Curry with Steamed Rice (v)

Cheese and Tomato Pasta Bake (v)

Plant Balls with Roast Potatoes and Gravy (v)

Plant Sausage Pinwheel with Potato Wedges (v)

Garden Vegetable Goujons with Chips (v)

Homemade Vanilla Cupcake

Homemade Cocoa Cupcake

Homemade Shortbread with Orange Wedges

Fruit Jelly

Homemade Shortbread

Week One: 21 Apr | 12 May | 9 Jun | 30 Jun | 21 Jul | 15 Sept | 6 Oct — Fresh Fruit Available Daily





Week ① ② ③



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Monday

Tuesday

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Thursday

Friday



Cheese and Tomato Pasta (Ve)



BBQ Chicken with Steamed Rice



Roast Chicken with Mashed Potato and Gravy



Pork and Carrot Meatballs in Tomato Sauce with Potato Wedges



Chicken Goujons with Chips

Alternatively

Alternatively

Alternatively

Alternatively

Alternatively



Sweet and Sour Plant Balls with Steamed Rice (Ve)



Jacket Potato with Baked Beans **and/or DF Cheese (v)**



Cheese and Potato Pie (Ve)



Plant Sausages in Tomato Sauce with Potato Wedges (Ve)



Garden Vegetable Goujons with Chips (Ve)

Homemade Orange Cupcake

Homemade Shortbread

Iced Fruit Smoothie

Homemade Summer Berry and Apple Slice

Homemade Cocoa Shortbread with a Melon Wedge

Week Two: 28 Apr | 19 May | 16 Jun | 7 Jul | 1 Sept | 22 Sept | 13 Oct — Fresh Fruit Available Daily



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Monday

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Homemade Cheese and Tomato Pizza Swirl with Potato Wedges (Ve)

Pork and Lentil Bolognese with Pasta and Homemade Garlic Bread

Pork Sausages with Mashed Potato and Gravy

Chicken Goujons in a Homemade Roll with Lettuce and Ketchup and Steamed Rice

Fish Fingers with Chips

Alternatively

Alternatively

Alternatively

Alternatively

Alternatively



Jacket Potato with Baked Beans and/or DF Cheese (v)

Loaded Bean Bake with Homemade Garlic Bread (v)

Plant Sausages with Mashed Potato and Gravy (Ve)

Jacket Potato with Baked Beans and/or DF Cheese (v)

Garden Vegetable Goujons with Chips (Ve)

Homemade Blueberry Cupcake

Iced Fruit Smoothie

Homemade Carrot Cake

Homemade Cocoa Shortbread with Orange Wedges

Homemade Shortbread with Apple Wedges

Week Three: 5 May | 2 Jun | 23 Jun | 14 Jul | 8 Sept | 29 Sept | 20 Oct — Fresh Fruit Available Daily

